

Massachusetts Consultant Advocates for Students With Asthma

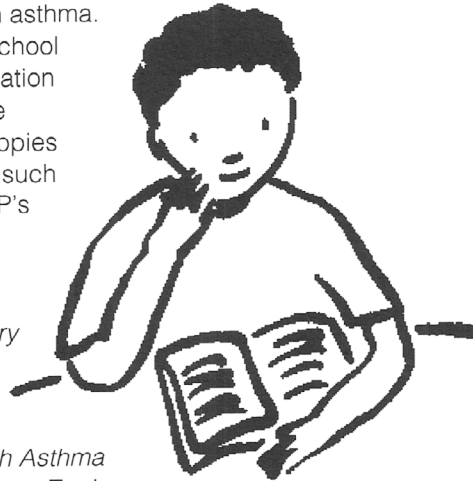
Ellie Goldberg, an educational rights specialist, former teacher, and mother of a child with asthma, created a consulting service called Healthy Kids: The Key to Basics to promote a better understanding of asthma and asthma-friendly schools. Ms. Goldberg's efforts focus on ensuring that students with asthma have reliable access to their medications; can safely participate in sports, field trips, and school events; are protected from allergic triggers and poor air quality; receive academic support during periods of irregular attendance or limited stamina; and are not penalized for medically necessary absences with discriminatory grading and promotion policies.

Healthy Kids offers a variety of workshops and educational materials highlighting health education resources and promoting policies and practices that are both educationally and medically appropriate for

students with asthma.

At a recent school nurses' education program, she distributed copies of resources such as the NAEPP's *Asthma Awareness: Curriculum for Elementary Schools (K-6)*; the poster, *Your Students With Asthma Can Be Winners Too!*; and *Managing Asthma: A Guide for Schools*.

Ms. Goldberg believes that a key to successful asthma management at school is the individualized health plan (IHP). The IHP is a document based on a school nurse's assessment and interpretation of the student's needs in a particular school. It is a planning tool developed through a collaborative, problem-solving process designed to overcome obstacles to a student's health, safety, and achievement. Most important, an IHP improves



communication and cooperation between parents and the school and supports the student's participation in all school activities.

To obtain a copy of her brochure, *Educational Planning for Students With Chronic Health Conditions*, and her current list of Healthy Kids resources and workshop outlines, send \$1 to Ellie Goldberg, M.Ed., Healthy Kids: The Key to Basics, 79 Elmore Street, Newton, MA 02159.

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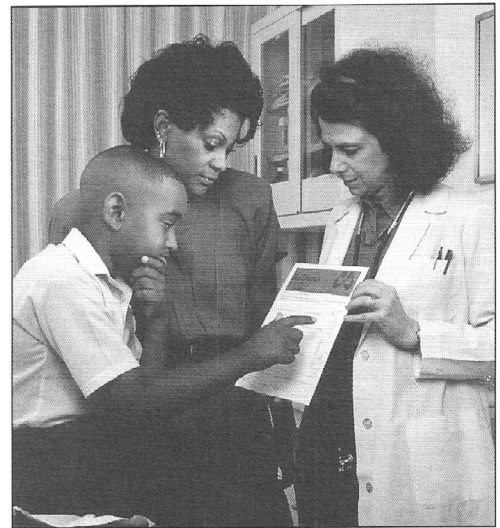
NHLBI-Funded Researchers Gain Insights on Controlling Asthma in Minority Children

NHLBI-funded research is beginning to yield valuable insights that may help communities improve asthma control among children in certain minority groups. Projects funded under the Institute's Interventions for the Control of Asthma Among Black and Hispanic Children have gathered much-needed information about patient knowledge and attitudes as well as physician practices in several target communities.

According to the NHLBI director, Dr. Claude Lenfant, "The lessons learned from these projects should contribute to our ability to reduce the impact of asthma among minority

children, particularly those who live in our inner cities."

Since August 1990, five projects have been developing, implementing, and evaluating interventions to achieve long-term control of asthma in black and Hispanic children. This article highlights insights gained by the projects in St. Louis and New York City. Future articles in *AsthmaMemo* will provide progress reports on projects



NHLBI-funded researchers are studying how to improve asthma control among black and Hispanic children.

in Albuquerque, New Mexico; San Antonio, Texas; and Washington, DC.

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<p>Mass Media Campaign Targets Hispanic Populations</p> <p>Radio and Print PSAs target Hispanics with undiagnosed asthma. 6</p>	<p>HMOs and Doctors' Offices Adopt NAEPF Guidelines</p> <p>Expert panel report guides decisions about medical care. 12</p>	<p>NHLBI Launches School Asthma Intervention Program</p> <p>Institute seeks innovative asthma programs for schools. 18</p>
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ASTHMA *MEMO*

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AsthmaMemo

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